

Part 2 – session planner

Course Kick Start Your Career in the Disability Sector
Topic 1: An Introduction to Disability Support Work (2X5 hours)

Teacher PLEASE NOTE: THERE ARE 4 SEPARATE SESSION PLANS FOR THIS COURSE, THIS IS NR 1

Session dates		WHAT to learn	HOW to learn	Review and changes
		Include employability, numeracy and literacy skills. Indicate acknowledgement activities		
		What will your learners know and be able to do?	How will you deliver, judge progress and evaluate?	How is it going? What adjustments are needed?
1	Lesson 1	<p>Course Introduction</p> <p>Introduction to employability skills Define the eight employability skills and a range of facets</p> <ul style="list-style-type: none"> Explain why employability skills are important Recognize own employability skills Identify ways to develop employability skills 	<p>Introduction & welcome</p> <ul style="list-style-type: none"> Orientation to the facility Introduce self Ask participants to introduce selves Overview of session Overview of course Icebreaker activity <p>Activity 1: Employability Skills – What are they?</p> <p>Option 1: Presentation & discussion Whole group activity <i>Employability Skills:</i> Speaking and listening, team work</p> <p>Option 2: Video: Introducing Employability Skills https://www.youtube.com/watch?v=N0QOB4o7i3k Length: 3.36 min Guided discussion - whole group <i>Employability skills:</i> Speaking and listening</p>	

		<p>An Introduction to Disability Support</p> <ul style="list-style-type: none"> ▪ Explain the term ‘disability’ ▪ Identify a range of disabilities ▪ Explain the role of the disability support worker <p>Reflect on the impact of disability on those with a disability and those around them</p> <p>Identify a range of disabilities and common points relating to the disability</p>	<p>Activity 2: Let’s Try it Out Small group activity: <u>Marshmallow Challenge</u> Debrief - whole group discussion <i>Employability Skills:</i> Speaking and listening, learning</p> <p><i>Evaluation:</i> Observation, oral questioning, learner feedback</p> <p>Option 1: Activity 1: Disability: An Introduction Presentation and Discussion <i>Employability Skills:</i> Speaking and listening, learning</p> <p>Activity 2: Disability Workers – A Client Perspective https://youtu.be/owGBPpJ4YfE 9 minutes 11 seconds Debrief/discussion <i>Employability Skills:</i> Speaking, listening and learning</p> <p>Activity 3: Research types of disabilities Pair work <i>Employability skills:</i> Problem solving, reading, speaking, learning</p> <p><i>Evaluation:</i> Observation, written work, oral questioning, learner feedback</p> <p>Option 2. Work Plays VR</p>	
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		<p>Use virtual reality technology to develop an understanding of disability and disability support work</p>	<p>Activity 1: Immersive VR experience</p> <ul style="list-style-type: none"> ▪ Welcome to Work Experience ▪ Cooking for dinner ▪ Going Shopping ▪ Final Reflections <p>Activity 2: Debrief /Discussion Whole group activity <i>Employability Skills:</i> Learning, speaking and listening</p> <p><i>Evaluation:</i> written work, oral questioning, learner feedback</p> <p>Conclusion:</p> <ul style="list-style-type: none"> ▪ Key points ▪ Questions & Answers ▪ Next week/session 	
2	Lesson 2	<p>Disability Awareness</p> <p>Develop an awareness of the issues faced by people with disabilities</p> <p>Understand how someone with Autism may feel and react to external stimuli</p> <p>Understand how assistive technologies can support independence</p>	<p>Introduction</p> <ul style="list-style-type: none"> ▪ Housekeeping ▪ Review ▪ Overview <p>Activity 1: Autism awareness Small group activity (5 participants) <i>Employability Skills:</i> Learning, problem solving</p> <p><i>Evaluation:</i> Observation, learner feedback</p> <p>Activity 2: Assistive Technology Activity 2.2 Research Assistive technology Individual activity</p>	

		<p>Understand the impact of visual and physical disabilities on daily living</p> <p>Use accessibility options to support people in accessing and sharing information</p> <p>Identify strategies that may support people with disabilities</p> <p>Explain challenging behaviour and reasons that it may occur</p> <p>Identify potential triggers for challenging behaviour</p> <p>Suggest strategies for managing challenging behaviours</p> <p>Consider and discuss own response to challenging behaviours</p>	<p><i>Employability skills:</i> Problem solving, learning, reading, speaking, listening, technology</p> <p>Activity 2.3 Accessibility Options Computers & Devices</p> <p>Part 1: Visual and physical disabilities that impact computer use Individual activity <i>Employability skills:</i> Learning, speaking and listening</p> <p>Part 2: Research inbuilt accessibility options in computers and devices Individual activity <i>Employability Skills:</i> Learning, technology, speaking and listening</p> <p><i>Evaluation:</i> learner feedback, written work, observation</p> <p>Activity 3: An introduction to challenging behaviours</p> <p>3.1: What makes a good day for you? Individual - written</p> <p>3.2: Understanding Challenging Behaviour Video: Understanding Challenging Behaviours Youtube: https://youtu.be/tQTx26ELkSs Time; 3 minutes Small group activity – discuss and identify main points of video using handout for guidance: http://www.challengingbehaviour.org.uk/earning-disability-files/01--</p>	
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Understanding-Challenging-Behaviour-Part-1-web.pdf

3.3; Debrief – whole class discussion
Employability skills: Reading, team work, learning, problem solving, speaking and listening

3.4: Positive behaviour support
Individual research activity
Debrief – whole class discussion
Employability skills: Problem solving, speaking and listening

Evaluation: Written work, learner feedback, observation

Conclusion:

- Key points
- Questions & Answers
- Next week/session